

CAMPER INFORMATION

FAMILY CAMP/RETREAT

Please read all the information provided and return all Registration Paperwork (Medical Form and the two-page Assumption of Risk Form, which are found on the website) 30 days prior to attending camp. Balance of fees are to be paid in full 30 days prior to the date of the camp. No post-dated cheques please! If for any reason you are unable to attend please contact the registrar, Bonnie Smyth at wildernessranch@platinum.ca or 403-687-3701 as soon as possible. The deposit will be forfeit for cancellations made later than 30 days in advance.

PACKING LIST

HELMET! (proper fitting – bike helmet is fine) for all kids under 18 – optional for adults

Warm sleeping bag	Water bottle or canteen
Pillow	Basic personal toiletries (toothbrush, toothpaste, soap, chapstick, etc.)
Rain slicker or rain coat (no ponchos)	Running shoes – comfortable for hiking
Hat or cap	Boots with prominent heel (hiking boots or running shoes are not allowed for riding)
2 pair of jeans	Rubber boots for rainy week
1-3 long sleeve shirts	Flip-flops or sandals
2-3 t-shirts	Flashlight or headlamp & batteries
Socks, underwear & PJ's	Sunscreen & bug spray
Warm coat & or sweater	Sunglasses
Wash cloth & towel	Bathing suit, shorts (there is a sauna available)

OPTIONAL: Gloves, camera, pocket knife, Bible, money for souvenirs (to be sold at the end of each week)

Electronic devices and cell phones are unnecessary (no cell service on site and there is limited access to electricity). Snacks and all meals are provided and so you don't need to bring your own food unless you have special dietary needs.

MEETING INFORMATION

Arrival: 2:00 p.m. at **Mountain Valley Ranch** on the camp start date. Please see map on website for directions. Google Map coordinates are 49.742, -114.294 (on Range Road 31).

Departure: 12:00 noon on the final day of camp.

EMERGENCY CONTACTS

Camp phone: (403) 628-2384 – ask to speak with the Foreman for the week. This is also the preferred number to use for lost and found items.

Registrar: Bonnie Smyth: 403-687-3701